



# SAGE Aug/ Sept 2021 Menu

\*All items are subject to change.

| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  |
|---|---|---|---|
| 8/30<br>WG Chicken Tenders<br>BBQ Sauce<br>Baby Carrots w/ Ranch<br>Apple<br>WG Chips<br>Milk | 8/31<br>Chicken patty on WG Bun<br>Cheese slice<br>Baked beans<br>Grape tomatoes<br>Banana<br>Milk    | 9/1<br>WG Lasagna roll<br>Meat sauce<br>Seasoned green beans<br>Grapes<br>WG Garlic bread<br>Milk             | 9/2<br>Soft WG Beef taco x2<br>Lettuce + Cheese<br>Seasoned black beans<br>Carrot + Celery sticks<br>Apple<br>Tortilla chips + Salsa<br>Milk  |
| 9/6<br>No School: Labor Day   | 9/7<br>WG Chicken nuggets<br>Baby carrots<br>Baked beans<br>Apple<br>Sun Chips<br>Milk                | 9/8<br>Swedish meatballs<br>Mashed potatoes<br>Grape tomatoes<br>Banana<br>WG bread x2<br>Milk                | 9/9<br>Wild rice hotdish w/ chicken<br>Seasoned green beans<br>Grapes<br>WG Garlic bread<br>Milk  |
| 9/13<br>Chicken patty on WG Bun<br>Seasoned brown rice<br>Baby carrots<br>Fresh pear<br>Milk  | 9/14<br>Meatloaf in tomato beef gravy<br>Mashed potatoes<br>Grape tomatoes<br>Banana<br>Milk          | 9/15<br>WG Cheese pizza<br>Fresh broccoli w/ ranch<br>Grapes<br>Milk  | 9/16<br>Chicken breast on WG Bun<br>Slice of cheese<br>Seasoned corn<br>Apple<br>Sun chips<br>Milk  |
| 9/20<br>BBQ chicken in WG Bun<br>Carrot + Celery sticks<br>Apple<br>Sun chips<br>Milk         | 9/21<br>WG Penne pasta<br>Beef and cheese sauce<br>Fresh broccoli w/ ranch<br>WG Garlic bread<br>Milk | 9/22<br>Chicken breast<br>Chicken gravy<br>Mashed potatoes<br>WG Bread x2<br>Grape tomatoes<br>Banana<br>Milk | 9/23<br>Cheeseburger on WG Bun<br>Baked beans<br>Diced melon<br>WG Chips<br>Milk  |
| 9/27<br>WG chicken tenders<br>Baby carrots<br>Fresh pear<br>Sun chips<br>Milk                 | 9/28<br>Cheeseburger on WG Bun<br>Baked beans<br>Seasoned green beans<br>Banana<br>Milk               | 9/29<br>Chicken and WG Penne<br>Rosa sauce<br>Fresh broccoli<br>Grapes<br>WG Garlic bread<br>Milk             | 9/30<br>Soft WG Beef taco x2<br>Lettuce + Cheese<br>Seasoned black beans<br>Carrot + Celery sticks<br>Apple<br>Tortilla chips + Salsa<br>Milk |
| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  |
| Week 1: Breakfast<br>WG Bagel<br>Cream cheese<br>Orange<br>Juice + Milk                       | WG Cereal<br>WG Muffin<br>Pear<br>Juice + Milk  | WG Blueberry Muffin<br>Applesauce<br>Juice + Milk   | WG Cereal<br>WG Muffin<br>Banana<br>Juice + Milk  |
| Week 2: Breakfast<br>WG Cereal<br>WG Muffin<br>Orange Juice + Milk                            | WG Bagel<br>Cream cheese<br>Pineapple<br>Juice + Milk   | WG Blueberry Muffin<br>Apple<br>Juice + Milk  | WG Bagel<br>Cream cheese<br>Banana<br>Juice + Milk  |

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